

Stage 1 Hellingly to Buckbarn 52k 0.0 From the 24 hr Petrol Station @ Boship 0.0 RAB take A22 \$ London 9.0 1st exit @ RAB \$A22 London 9.0 1.0 In HALLAND 2nd exit @ RAB \$ A22 10.0 London 1.9 R \$ Framfield (The old A22 to UCKFIELD) 11.9 2.0 1st exit @ RAB \$ Town Centre 13.9 1.0 3rd exit @ RAB into Town Centre 14.9 0.6 SO @ T/Lts 15.5 0.2 SO @ T/Lts 15.7 0.5 L @ 2nd set of T/Lts \$ Shortgate 7.5 16.2 Tonne (Church St) 4.0 L @ T \$ A272 NEWICK (Goldbridge Rd) 20.2 Follow the A272 via NORTH CHAILEY & SCAYNES HILL to HAYWARDS HEATH 12.5 2nd exit @ RAB \$ B2272 Town Centre 32.7 0.2 2nd exit @ RAB 32.9 0.9 2nd exit @ RAB 33.8 0.6 Keep L at T/Lts \$ A272 Billingshurst 34.4	Stage 1 continued 0.3 1st exit @ 1st MRAB & 2nd exit @ 2nd MRAB 34.7 0.8 2nd exit @ RAB \$ A272 Billingshurst 35.5 0.5 1st exit @ RAB \$ A272 Ansty 36.0 1.7 1st exit @ RAB \$ B2036 ANSTY 37.7 1.0 2nd exit @ MRAB \$ A272 Petersfield 38.7 2.7 2nd exit @ RAB & under bridge 41.4 \$ A272 Billingshurst 41.4 5.5 In COWFOLD 2nd exit @ 1st MRAB 46.9 & 1st exit @ 2nd MRAB \$ A272 Billingshurst 5.0 R & L @ A24 BUCKBARN T/Lts 51.9 0.1 L @ T/Lts into CONTROL 52.0 ATM outside. Coop and Macdonals
Stage 2 Buckbarn to Chichester 43k 0.0 L @ T/Lts on A272 52.0 1.4 L @ Stagg (X) \$ Shipley 53.4 1.6 R on L Bend \$ Coolham (Countryman Ln) 55.0 2.4 Keep R on tight R Bend \$ Coolham 57.4 0.2 L @ Grass Tri \$ W Chiltington (Sincox Ln) 57.6 1.5 L @ T \$ Thakeham 59.1 1.7 R \$ Kinsbrook Vineyard (W Chiltington Rd) 60.8 2.8 R @ bottom of hill No \$ (Stream Ln) 63.6 1.0 L @ T \$ PULBOROUGH 64.6 0.8 R @ T No \$ (W Chiltington Rd) 65.4 0.5 R @ T No \$ 65.9 2.0 1st exit @ 1st MRAB & 2nd exit @ 2nd MRAB 67.9 \$ FITTLEWORTH 3.8 In Fittleworth by Playing Field L No \$ 71.7 (School Ln) 0.4 L @ T \$ Bury 72.1 1.0 R \$ COATES (After X'ing river) 73.1 3.1 L @ (X) \$ Sutton 76.2 0.5 R \$ Barlavington 76.7	Stage 2 continued 1.9 R @ T No \$ 78.6 1.1 L @ T & Climb \$ A285 Chichester 79.7 12.3 R \$ WESTHAMNETT 92.0 1.2 2nd exit @ MRAB \$ Chichester 93.1 1.1 2nd exit @ RAB \$ A285 Chichester 94.2 0.2 1st exit @ MRAB 94.5 0.2 1st exit @ RAB into Sainsbury's to 94.7 CONTROL ATM Outside to the left of main entrance. Café open Mon to Fri 07:00, Sat 07:30 and Sun 09:30 Service in the Café can be slow if busy Toilet Facility in the store

Stage 3 Chichester to Sutton Scotney 65k 0.0 Leave car park & 2nd exit @ RAB \$ 94.7 Chichester. (Sign is high above bus shelter). Keep Lidl store on your left. 0.5 2nd exit @ MRAB (Westhampnett Rd) 95.2 0.1 2nd exit @ MRAB (Spitalfield Ln) 95.3 0.3 1st exit @ MRAB 95.6 0.4 2nd exit @ RAB \$ Ring Road Midhurst 96.0 (Oaklands Way) 0.3 3rd exit @ RAB \$ B2178 FUNTINGTON 96.3 (St Pauls Rd) 12.4 R Unsuitable for HGV's (Woodberry Ln) 108.7 This is after ALDSWORTH and <u>next</u> R after seeing large sign for Stansted Park 3.4 Under Rly Bd & SO @ X 112.0 \$ HORNDEN & Station (Bowes Hill) 4.3 R @ T \$ B2149 Petersfield 116.3 0.3 2nd exit @ MRAB \$ Petersfield 116.6 (On old A3 through HORNDEN) 1.0 1st exit @ MRAB (Downswood Way) 117.7	Stage 3 continued 1.7 1st exit @ RAB (Drift Rd) 119.3 1.0 R @ X \$ Peterfield (South Ln) 120.3 0.7 L by The Rising Sun Inn \$ East Meon 121.0 2.7 L \$ Droxford (after climb & start of steep downhill) 123.7 5.2 Keep L downhill \$ Single Track Rd 128.9 2.7 L @ stag X passing George & Falcon Pt 131.6 0.2 R \$ Winchester (Wheely Down Rd) 131.8 5.7 SO @ X \$ Winchester 137.5 2.7 SO @ X \$ Winchester 140.3 0.5 L @ T A272 Winchester 140.8 4.1 SO & R @ T \$ A21 Alton (** CARE BUSY RD) 144.8 0.5 2nd exit / SO @ RAB \$ Easton (Chapel Ln) 145.3 Give Way Off the RAB! Keep Neptune PH on R 3.1 L @ T \$ MARTYR WORTHY 148.4 (Opp Cricketers Inn) 0.9 L @ T B3047 Kings Worthy 149.3 1.4 In ABBOTS WORTHY R @ (X) (Park Ln) 150.7 0.3 SO @ X (over A33) (Lovedean Ln) and 150.9 into KINGS WORTHY
Stage 3 continued 6.8 In STOKE CHARITY L @ T \$ SUTTON 157.7 SCOTNEY 2.5 R @ T \$ Whitchurch 160.2 0.2 2nd exit @ MRAB \$ Basingstoke 160.4 0.1 CONTROL at Petrol Station 160.5 The Services on the A34 can also be used.	KEY Places in CAPITALS are places you ride through. Place names in small print are for direction only L = Turn left, R = Turn right, SO = Straight on, \$ = Signposted, T = T Junction, J = Other junction, @ = At, T/Lts = Traffic Lights, RAB = Roundabout, MRAB = Mini roundabout, (X) = Other X.Rds, X = X.Rds which require you to give way or stop CR = Cycle Route, CP = Cycle Path

Stage 4 Sutton Scotney to Leigh Delamere 89k 0.0 L from Petrol Sta \$ Bullington 160.5 1.6 L \$ BARTON STACEY 162.1 3.0 R @ T \$ Hurstbourne Priors 165.1 Or R (short cut) just before (Roberts Rd) 1.7 2nd R (after descent) (Mill Ln) 166.8 0.6 R @ T to HURSTBOURNE PRIORS 167.4 3.2 R & L @ Staggs X \$ B3048 170.6 HURSTBOURNE TARRANT 9.9 R @ T on A343 & imm L \$ VERNHAM DEAN 180.5 11.4 in OXENWOOD SO @ X \$ Great Bedwyn 191.9 2.7 SO @ X (A338) \$ Great Bedwyn 194.6 2.4 L @ T through GREAT BEDWYN 197.0 5.1 L @ (X) downhill \$ Marlborough 202.1 1.3 L @ T on A4 to MARLBOROUGH 203.4 5.7 2nd exit @ MRAB \$ M4 209.1 0.3 1st exit @ RAB \$ A4 Calne (New Rd) 209.4 0.2 Sharp R just as you enter the very wide 209.6 main street 0.5 Up hill & fork L \$ Broad Hinton (Frees Ave 210.1	Stage 4 continued 11.2 SO @ Staggs X with A4361 \$ BROAD HINTON 221.3 0.8 L \$ CLIFF PYPARD 222.1 5.0 In BUSHTON SO @ X \$ Lyneham 227.1 0.8 L \$ LYNEHAM 227.9 3.5 2nd exit @ MRAB \$ Wootton Bassett 231.4 0.8 1st exit @ MRAB \$ B4069 Chippenham 232.2 11.5 In KINGTON LANGLEY R \$ Kington St 243.7 Michael (Lower Common) 2.1 R @ T/Lts \$ A350 Cirencester & imm L 245.8 0.0 \$ KINGTON ST MICHAEL 245.8 3.9 CONTROL Over M4 & L into Leigh 249.7 Delamere Services
Stage 5 Leigh Delamere to Magor 65k 0.0 L @ T out of Services 249.7 1.7 L @ T through GRITTLETON 251.4 4.2 R (and keep L) into LITTLETON DREW 255.6 (Turning is within sight of M4) 1.0 R @ T through Village to 256.6 ACTON TURVILLE 2.8 In ACTON TURVILLE L @ T 259.4 0.1 R @ T \$ Chipping Sodbury 259.5 4.9 R @ T \$ A46 Stroud & Imm L @ T/LTS 264.4 \$ A432 Yate 3.7 4th exit @ RAB \$ CHIPPING SODBURY 268.1 1.4 2nd exit @ MRAB (Bowling Hill) 269.5 0.8 3rd exit @ RAB \$ B4059 (Goose Green Way) 270.3 1.3 SO @ T/Lts 271.6 0.6 1st exit @ RAB 272.2 1.8 3rd exit @ RAB \$ B4059 Thornbury 274.0 1.3 SO @ T/Lts 275.3 0.6 R @ T/Lts \$ B4059 (A38 Thornbury) 275.9 6.5 R @ T/Lts (No \$ but on A38) 282.4	Stage 5 continued 1.7 L @ T/Lts \$ B4061 Thornbury 284.1 0.3 L \$ B4461 Aust (Downs Rd) 284.4 0.6 R @ (X) \$ B4461 Aust 285.0 7.2 3rd exit @ RAB (under M4) \$ Severn View 292.2 Services & Imm L onto CP & cross the Severn Bridge After bridge stay on CP alongside A466 6.2 2nd exit @ RAB \$ A48 Caerwent 298.4 3.5 2nd exit @ RAB \$ A48 Newport 301.9 6.0 L \$ Five Lanes & Imm R \$ Carrow Hill 307.9 (Just after Wentworth Inn) 1.6 SO by 1st Grass Tri \$ 7.5 Tonne Limit 309.5 0.6 L @ Grass Tri No \$ 310.1 3.4 Under M4 & R @ T \$ B4245 Llanmartin 313.5 0.6 2nd exit @ RAB \$ B4245 Langstone 314.1 0.3 R \$ M4 314.4 0.2 2nd exit @ RAB (over M4) into Magor 314.6 Services for CONTROL

Stage 6 Magor to Leigh Delamere 63k			Stage 6 continued		
0.0	Retrace out of Seviles & SO @ RAB	314.6	1.7	2nd exit @ RAB	353.0
0.6	L \$ Magor	315.2	0.8	1st exit @ RAB \$ Ridgewood	353.8
0.3	3rd exit @ RAB \$ B4245 Magor	315.5	1.4	1st exit @ RAB \$ CHIPPING SODBURY	355.2
0.6	L \$ Penhow (St Bridges Rd)	316.1	0.9	1st exist @ MRAB up hill	356.1
3.4	R by Grass Tri \$ Carrow Hill	319.5	1.3	2nd exit @ RAB \$ M4 & Climb through	357.4
2.2	L & Imm R @ T \$ A48 Chepstow	321.7	OLD SODBURY		
6.0	1st exit @ RAB \$ A48 Chepstow	327.7	4.2	SO @ T/Lts \$ B4040 Malmesbury	361.6
3.5	3rd exit @ RAB & R onto CP besides	331.2	5.1	L in ACTION TURVILLE \$ B4040 (The St)	366.7
	A466 & cross Severn Bridge on CP		0.2	R \$ LITTLETON DREW (Littleton Drew Ln)	366.9
6.2	End of CP R to RAB & 1st exit (Not Services)	337.4	2.1	L After Phone Box & National Speed \$	369.0
	keeping L \$ B4461 Thornbury		1.0	L @ T through GRITTLETON	370.0
1.8	On L Bend R \$ OLVESTON	339.2	4.3	R \$ Kingston St Michael	374.3
	& TOCKINGTON (Aust Rd)		1.7	R before M4 bridge for CONTROL	376.0
1.8	L @ T on A38 (At top of Washingpool	341.0		Eastbound Leigh Delamere Services	
	Hill Rd - and it is a hill!)				
0.8	R @ T/Lts \$ Iron Action Latteridge	341.8			
6.4	L @ T/Lts \$ B4059 Yate	348.2			
1.3	SO @ T/Lts \$ Engine Common	349.5			
1.8	1st exit @ RAB \$ B4059 Yate	351.3			

Stage 7 Leigh Delamere to Sutton Scotney 89k			Stage 7 continued		
0.0	Retrace out of Services & R @ T over M4	376.0	5.8	2nd exit @ RAB \$ A4 CALNE	391.5
	through KINGTON ST MICHAEL		0.8	2nd exit @ MRAB \$ A4 Marlborough	392.3
3.9	R @ T/Lts \$ A350 CHIPPENHAM	379.9		SO @ T/Lts & 3 MRAB's	
1.0	1st exit @ RAB \$ Greenways Business	380.9	3.0	R \$ Bishops Cannings	395.3
	Park. (Anyone not wishing to go via the			(Beware this climb is not kind to your knees)	
	Town Centre, simply follow direction A4		5.4	SO @ X (A361) \$ BISHOPS CANNINGS	400.7
	Calne via by-pass but it is 4k longer and		1.9	L @ T \$ HORTON	402.6
	after 13th RAB your back on route!)		7.5	L @ T & imm R \$ PEWSEY	410.1
0.3	SO @ T/Lts \$ Town Centre	381.2	6.7	R @ T \$ A345 Upavon	416.8
1.6	3rd exit @ RAB \$ Town Centre (New Rd)	382.8	0.1	R @ MRAB	416.9
	L under Rly Bridge		0.1	L \$ Burbage	417.0
	SO @ MRAB		0.6	2nd exit @ MRAB	417.6
0.5	2nd exit @ MRAB cycling prohibited 09:30	383.3	6.4	3rd exit @ RAB \$ A338 Hungerford	424.0
	to 7:30 pm		6.7	R \$ OXENWOOD (After short climb)	430.7
0.3	2nd exit @ MRAB (Back on yer bikes!)	383.6	2.9	SO @ X \$ VERNHAM DEAN	433.6
0.1	2nd exit @ MRAB	383.7	11.2	in HUSTBOURBE TARRANT	444.8
0.5	2nd exit @ RAB \$ Cemetery (London Rd)	384.2		R @ T (A343) & imm L \$ B3048 MARY	
	(You are on the A4 now)			BOURNE	
1.5	1st exit @ RAB \$ Calne	385.7			

Stage 7 continued 9.9 In HUSTBOURNE PRIORS 454.7 R @ T & imm L \$ B3048 LONGPARISH 3.4 L \$ Barton Stacey (Mill Ln) 458.1 0.6 L & T no \$ 458.7 2.9 In BARTON STACEY 461.6 L by Church \$ BULLINGTON OR (short cut up Roberts Rd as on outward route) 3.0 R @ T (on old A34) to SUTTON SCOTNE 464.6 1.6 Texaco Petrol Station on R for CONTROL 466.2 just before MRAB Alternative at night will be Petrol Station at Sutton Scotney A30 Services	
Stage 8 Sutton Scotney to Midhurst 56k 0.0 R from Control & 1st exit @ MRAB \$ Wonston 466.2 0.3 L \$ STOKE CHARITY 466.5 5.6 R @ T in MICHELDEVER \$ East Stratton 472.1 1.6 L @ T \$ A33 Basingstoke 473.7 1.0 1st R (over M3) into EAST STRATTON 474.7 3.9 SO @ X \$ Itchen Abbas 478.6 1.9 1st L no \$ Down Hill 480.5 1.4 Bear L \$ Alresford & keep R up hill 481.9 3.3 R @ grass tri into NEW ALRESFORD 485.2 0.7 L @ T \$ Ropely (A31) 485.9 3.7 1st exit @ RAB \$ A31 ROPLEY 489.6 0.8 1st R \$ E & W Tisted 490.4 (Peterfields Rd) (Not 24hr Petrol Station) 2.1 R \$ WEST TISTED (Stapley Ln) 492.5 Keep L in WEST TISTED \$ Privett 1.0 2nd L \$ Cannon Dell 493.5 1.3 SO @ X (A32) \$ Froxfield 494.8 0.9 L @ T 495.7 2.7 R @ T \$ High Cross 498.4	Stage 8 continued 0.3 1st L \$ HIGH CROSS (if sign repaired) 498.7 1.2 L @ T \$ Steep 499.9 1.6 R @ T \$ Petersfield 501.5 2.9 L @ (X) \$ STEEP by Cricketers Inn 504.4 (Church Rd) 2.6 R @ T (Opp Church) & imm L 507.0 0.5 L @ T no \$ but it's the B2070 507.5 0.6 R \$ A272 MIDHURST 508.1 13.7 @ MRAB in MIDHURST CONTROL 521.8 1st exit for NatWest, Halifax and Barclays ATM and shops during day 2nd exit for Petrol Station RETURN to MRAB for next Stage

Stage 9 Midhurst to Pyecombe 50k 0.0 from MRAB 2nd exit (West St) 521.8 0.1 SO @ X & then R @ T (South Rd) 521.9 0.2 L \$ West Lavington (Selham Rd) 522.1 3.4 R @ grass tri \$ Selham 525.5 0.2 1st L \$ SELHAM 525.7 2.0 R @ T \$ Graffham 527.7 0.8 1st L \$ Petworth 528.5 3.9 L @ T \$ A285 Petworth 532.4 0.2 1st R \$ COATES 532.6 5.1 R @ T \$ Bognor Regis B2138 537.7 0.8 1st L \$ COLDWALTHAM 538.5 1.7 SO @ X (** Care BUSY A29 **) 540.2 \$ GREATHAM (Brook Ln) 4.9 R @ T \$ A283 Storrington 545.1 2.6 2nd exit @ 1st MRAB (by Pond) 547.7 0.1 1st exit @ 2nd MRAB into 547.8 STORRINGTON	Stage 9 continued 0.5 1st Exit @ MRAB \$ B2139 Thakeham 548.3 1.1 SO @ T/Lts \$ B2139 Thakeham 549.4 0.2 2nd Exit @ MRAB (Rock Rd) 549.6 2.9 Via path on L SO the A24 BUSY DUAL 552.6 CARRIAGEWAY to (The Hollow) 1.0 L @ T back onto A283 553.5 4.6 R \$ STEYNING 558.1 1.3 Toilet facility on R at entrance to car park 559.4 0.3 2nd exit @ MRAB leaving Steyning 559.7 0.8 3rd exit @ RAB into BRAMBER 560.5 1.1 2nd exit @ MRAB (BP Garage on L) 561.6 0.3 1st exit @ MRAB \$ A2037 Henfield 561.9 2.3 R \$ EDBURTON 564.2 4.3 Swing R in FULKING \$ POYNINGS 568.5 3.1 2nd exit @ RAB \$ A281 Pyecombe 571.6 1.5 R imm before RAB on CP \$ Pyecombe 573.1 then cross road to Petrol Station CONTROL
Stage 10 Pyecombe to Hellingly 35k Follow up slope on W side of A23. At top do NOT 573.1 cross f-bridge. R through gate & descend concrete road to R @ T \$ PYECOMBE VILLAGE (** CARE this is a 2 way road with traffic from right to join A23) L over bridge & R through bollard/flower pots & up STEEP (low gear) hill, \$ Church Ln and into Village 1.7 L @ T \$ A273 \$ Clayton 574.8 1.5 R \$ CLAYTON (** CARE This is imm before L 576.3 bend at bottom of hill. Do NOT take the R on bend) 2.1 SO @ X \$ WESTMESTON (Underhill Ln) 578.4 1.5 In WESTMESTON R @ T \$ B2166 Lewes 579.9 6.4 L @ T \$ A275 London 586.3 0.8 Over level crossing in COOKSBRIDGE 587.1 & R \$ Hamsey (Hamsey Ln) 1.0 L @ T \$ Barcombe 588.1 1.4 R \$ Ringmer 589.5 1.8 R @ T \$ Uckfield 591.3 2.4 R @ T \$ A26 Lewes 593.7 0.8 1st L \$ Ringmer 594.5	Stage 10 continued 1.0 L (Norlington Ln) & imm L @ T, imm R 595.5 6'6" (Bishops Ln) 1.0 L @ T 596.5 0.6 2nd exit @ MRAB \$ B2124 LAUGHTON 597.1 7.8 R @ T \$ A22 Hailsham 604.9 4.2 1st exit @ RAB \$ A267 Bexhill & L into 609.1 Hellingly CONTROL 609.1

Look out, Look out POTHOLEs about. There are many damaged roads so proceed with caution